

## ***Stretching Your Dollar: Budgeting Tips for AYAs***

Triage Cancer's Website - [TriageCancer.org](https://www.TriageCancer.org)

Triage Health's Website - [TriageHealth.org](https://www.TriageHealth.org)

Triage Cancer Educational Events - [TriageCancer.org/Events](https://www.TriageCancer.org/Events)

Triage Cancer Conference: [TriageCancer.org/Conferences](https://www.TriageCancer.org/Conferences)

Triage Cancer Webinars - [TriageCancer.org/Webinars](https://www.TriageCancer.org/Webinars)

Triage Cancer Recordings of Past Webinars - [TriageCancer.org/Past-Webinars](https://www.TriageCancer.org/Past-Webinars)

Resources by Topic - [TriageCancer.org/Free-Cancer-Resources-By-Topic](https://www.TriageCancer.org/Free-Cancer-Resources-By-Topic)

Resources by Location - [TriageCancer.org/StateResources](https://www.TriageCancer.org/StateResources)

State Laws - [TriageCancer.org/StateLaws](https://www.TriageCancer.org/StateLaws)

Cancer Finances - [TriageCancer.org/Cancer-Finances](https://www.TriageCancer.org/Cancer-Finances)

Legal & Financial Navigation Program (English) - [TriageCancer.org/GetHelp](https://www.TriageCancer.org/GetHelp)

Legal & Financial Navigation Program (Spanish) - [TriageCancer.org/ConsigueAyuda](https://www.TriageCancer.org/ConsigueAyuda)

Health Insurance Resource Hub - [TriageCancer.org/HealthInsurance](https://www.TriageCancer.org/HealthInsurance)

Health Insurance Basics (animated video) - [TriageCancer.org/Video-HealthInsuranceBasics](https://www.TriageCancer.org/Video-HealthInsuranceBasics)

Quick Guide to High Deductible Health Plans, HSAs, & FSAs - [TriageCancer.org/QuickGuide-HDHP](https://www.TriageCancer.org/QuickGuide-HDHP)

Picking a Health Insurance Plan (animated video) - [TriageCancer.org/Video-PickingAPlan](https://www.TriageCancer.org/Video-PickingAPlan)

Health Insurance Comparison Worksheet - [TriageCancer.org/Worksheet-HealthInsurance](https://www.TriageCancer.org/Worksheet-HealthInsurance)

Dollar For - [DollarFor.org/TriageCancer](https://DollarFor.org/TriageCancer)

Medical Bill Tracker - [TriageCancer.org/Worksheet-BillTracker](https://TriageCancer.org/Worksheet-BillTracker)

Health Insurance Appeals Tracking Form - [TriageCancer.org/AppealTrackingForm](https://TriageCancer.org/AppealTrackingForm)

Quick Guide to Appeals for Employer-Sponsored & Individual Health Insurance - [TriageCancer.org/QuickGuide-Appeals](https://TriageCancer.org/QuickGuide-Appeals)

Quick Guide to Accessing Medical Records - [TriageCancer.org/QuickGuide-MedicalRecords](https://TriageCancer.org/QuickGuide-MedicalRecords)

Health Insurance Appeals Module - [TriageCancer.org/Cancer-Finances-Appeals](https://TriageCancer.org/Cancer-Finances-Appeals)

Recorded webinar, *What to Do When an Insurance Company Says “No”* - [TriageCancer.org/Webinar-Appeals](https://TriageCancer.org/Webinar-Appeals)

When an Insurance Company Says No (animated video) - [TriageCancer.org/Video-Appeals](https://TriageCancer.org/Video-Appeals)

Navigating Finances Resource Hub - [TriageCancer.org/Financial](https://TriageCancer.org/Financial)

Financial Big Picture Spreadsheet - [TriageCancer.org/FinancialBigPicture](https://TriageCancer.org/FinancialBigPicture)

National Foundation for Credit Counseling - [nfcc.org](https://nfcc.org)

Financial Planning Association - [fpanet.org](https://fpanet.org)

Financial Assistance Resources Module - [TriageCancer.org/Cancer-Finances-Financial-Assistance](https://TriageCancer.org/Cancer-Finances-Financial-Assistance)

Managing Prescription Drug Costs Module - [TriageCancer.org/Cancer-Finances-Prescription-Drugs](https://TriageCancer.org/Cancer-Finances-Prescription-Drugs)

Quick Guide to Getting & Paying for Prescription Drugs - [TriageCancer.org/QuickGuide-RxAssistance](https://TriageCancer.org/QuickGuide-RxAssistance)

Pharmaceutical Assistance Programs: Prescription Drugs - [TriageCancer.org/Pharma-Assistance](https://TriageCancer.org/Pharma-Assistance)