

PANTONE 108 C

*Through the Lens: Life Beyond
Young Adult Cancer*

Storytelling Workshop

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Our Time Together:

- ✗ Introductions
- ✗ The power of story in re-narrating through your unique voice
- ✗ Storytelling through photo narratives
- ✗ What is your "untold story"



Introductions



- Name, pronouns
- Your city/state,
- Last photo in your phone



Re-narrating Your Story



- X Our stories are often shaped by others
- X Cancer stories are often shaped by medical providers, tv shows, social media, family and friends
- X Young adult narratives are unique!
- X Speaking up against these narratives can be exhausting



**“I was surprised by
some people’s stories
because I had not heard
that point of view
before. I did not feel I
was an ‘other.’ I feel
othered because of
cancer, because of my
hair, and having people
say I lost my hair.”**



Who Knows Your Cancer Story

0
no one

5
everyone



Young Adult Survivors' Stories

- X How do you see YAs in social media telling their story? Does anything stand out? Is anything missing? What do you like best?



Stand-out Photos

How does someone craft a photo to help it tell a story?



Tips for Crafting Your Photo Narrative

- X Think of the message and tone of what you want to share
- X Choose an image to tell the story- it doesn't have to be a work of art- the less busy the better
- X Write a brief narrative- a few words to a few sentences – that speaks for the unspoken message in your art
- X Start small in sharing one photo with people in your inner circle. See how this process feels. Modify, adapt, and carry on



What medium
do you use to
share your
story?



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What is Your Untold
Story?

Who do you want to tell?

Why do you want to tell

it?



Prompts for Telling Your Story

What images would you choose to let people in your personal and/or healthcare world know about what matters most to you?

- X What brings you joy, what do you look forward to?*
- X What reminds you of your unique role and purpose in this life?"*
- X What is something fun no one knows about you?*

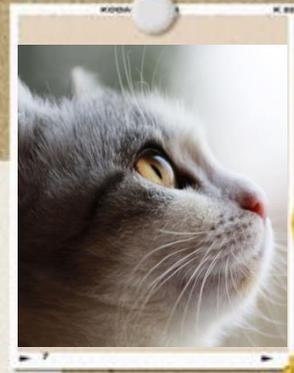
How has your life changed since your diagnosis?

- X How does cancer get in the way of your daily life?*
- X How has cancer changed what it is like to be a young adult?*



Sharing Out

Any volunteers?



Telling Your Story...

- X Where do you want to take your story next?
- X Two more sessions through Dear Jack
- X Dear Jack Photo Exhibit- stay tuned for more details



Where You Can Find Us

- X National YA Survivor Photo Exhibit
- X Website brewing
- X Linked Instagram account where you can share your images

- X If you would like to be a part of a photovoice group in the future, please scan the QR code to share your email and name or send an email with your interest to jen.currin-mcculloch@colostate.edu.





Photography is a
journey of
self-discovery; each
click of the shutter
unveils a new layer of
understanding, both of
the world and oneself.

*Thank you for
sharing your
evening with us!*

